



## T-Shirt Size Guide

We offer a unisex T-shirt free of charge for our fundraisers. If you would prefer a ladyfit T-shirt, we ask for £5 as a contribution towards the higher production costs.

Additional T-shirts may also be purchased by non-fundraisers, the prices are set out below. Please enclose payment when making your request, thank you.

### Standard fit unisex T-shirt

Cost for our fundraisers: **£ free of charge!**

Additional T-shirts: £6 each, inclusive of p&p

| Size   | Chest inches | Chest cm   | Approx ladies size |
|--|--------------|------------|--------------------|
| Age 9-11*  | Up to 32"    | Up to 80cm | 6-8                |
| Age 12-13*   | 32-34"       | 81- 90cm   | 10                 |
| Small  | 34"          | 91cm       | 10-12              |
| Medium   | 38"          | 96cm       | 12-14              |
| Large  | 40"          | 102cm      | 14-16              |
| Extra Large  | 42"- 44"     | 106-112cm  | 18-20              |
| * The children's T-Shirts are suitable for smaller adults or for those wishing for a more fitted look. Sizes are approximate and are intended as a guide. Please contact us if you would like more advice on the sizing. |              |            |                    |

### Ladyfit T-shirt. Close fitting and shorter in length. They come up quite small.

Cost for our fundraisers: £5 each, inclusive of p&p

Additional ladyfit T-shirts: £10 each, inclusive of p&p

| Size        | Chest inches | Chest cm | Approx ladies size |
|-------------|--------------|----------|--------------------|
| Small       | 32"          | 81cm     | 8                  |
| Medium      | 34"          | 86cm     | 10                 |
| Large       | 36"          | 91.5cm   | 12                 |
| Extra Large | 38"          | 96cm     | 14                 |